



# ST. ASAPH SQUARE Newsletter

January/February  
2018

St. Asaph Square Website has lots of news and information! Just go to <http://www.st-asaph-square.com>

## **Board President's Report**

*Bev Keane, President*



Hello Neighbors,

The Board wishes you a happy and healthy 2018! Now that the holidays are over, we look forward to the annual George Washington and St. Patrick's Day parades in Old Town. If you have never been, you are missing a treat right outside our front door.

We had a great turnout at the last board meeting. Since then, we have continued to review proposals from local security companies. We are also scheduled to look at other systems in Old Town buildings similar to Saint Asaph Square. As soon as the board has a recommendation, residents will be notified.

Updates related to the building and other announcements can be found at the Saint Asaph Square website at <http://www.st-asaph-square.com>. Please bookmark the address so you can stay as up to date as possible with building activities. The website also provides other helpful information about Saint Asaph Square and Alexandria.

Please join us at the monthly Board meetings held every the third Tuesday of every month on the third floor solarium, S. Pitt Street side. Looking forward to seeing you there.

## **Welcome Wagon**



Several new residents have moved into Saint Asaph Square during July.

## **Welcome to the New Residents**

Beverly Harris	Unit 307
Lori Bishop	Unit 332

## **Landscape Committee**

*Bev Keane, Chair*



The Landscape Committee is in hibernation due to Punxsutawney Phil's recent forecast. New members are always welcome and should contact Bev Keane if interested.

## **Social Committee**

*The Social Committee has had several volunteers. We will welcome them in the next issue.*

## **Happy Hour**

All are welcome to continue in that friendly spirit with Happy Hour each Friday at about 5:30. We're meeting in the South Pitt Street Lobby if the weather is inclement, but when the weather is warmer, Happy Hour will meet on the St. Asaph patio. Just bring a beverage of your choice -- soda, lemonade, wine, water, whatever sounds good to you at the end of a long week!



*Patrick M. Mazzei, CMCA, AMS  
Chief Human Resource Officer  
and Community Manager*

***From: The Cardinal Management Group of  
Companies!***

You can never be too safe. Open your eyes and report...never confront!

In light of recent events and in general, it is in your best interest to be safety conscience and aware of your surroundings. As the sign flashes as you enter the Airport "See something...say something!"

Report any suspicious activity promptly. In a non-emergency, call the City of Alexandria Police Department. The number to call is the 24 hour non-emergency number 703-746-4444. In the event of an emergency always call 9-1-1.

By now, every owner should have received a coupon book for the 2018 assessment year; if you have not, please contact your accounting representative and my team member, Aneta Johnson at 703-569-5797 and request a replacement. As in past years the coupon is itemized. There are 2 line items; the first is your annual monthly unit assessment and the second is your annual monthly parking space assessment, if you own a parking space.

Falling snow can be picturesque, but it can also wreak havoc on the roads. While no one enjoys driving in snowy or slippery conditions, there are steps you can take to help improve your safety with these winter driving tips.

## **Winter Driving Safety Tips**

*Here are some guidelines that can help you stay safe when driving in adverse winter conditions:*

- Make sure your car is prepared for cold temperatures and wintery conditions like snow and ice. Keep your equipment properly maintained and include a winter survival kit in your vehicle: an ice scraper, snow shovel and sand/salt.
- Clear snow and ice off your car – including windows, mirrors, lights, reflectors, hood, roof and trunk.
- Drive with your headlights on, and be sure to keep them clean to improve visibility.
- Use caution when snow banks limit your view of oncoming traffic.
- Avoid using cruise control in snowy or icy conditions. In adverse conditions, you want as much control of your car as possible.
- Know how to brake on slippery surfaces. Vehicles with anti-lock brakes operate much differently from those that do not have anti-lock brakes. You should consult your vehicle's owner's manual for instructions on how to brake properly if your vehicle should start to skid.

- Maintain at least a half tank of gas during the winter season. This helps ensure you have a source of heat if you are stuck or stranded.

- If you do venture out or are unexpectedly caught in a snowstorm and encounter problems, stay in your car and wait for help. You can run the car heater to stay warm for 10 minutes every hour, but make sure your exhaust pipe is clear of snow. There is a danger of carbon monoxide poisoning if snow blocks the pipe and enables the deadly gas to build up in your car. Open your window slightly to help prevent the buildup.

- Keep your windshield washer reservoir full, and make sure your car has wiper blades that are in good condition.

- Remember that speed limits are meant for dry roads, not roads covered in snow and ice. You should reduce your speed and increase your following distance as road conditions and visibility worsen.

- Be cautious on bridges and overpasses as they are commonly the first areas to become icy.

- Avoid passing snow plows and sand trucks. The drivers can have limited visibility, and the road in front of them could be worse than the road behind.

- Monitor road and weather conditions by checking local news stations or Internet traffic and weather sites.

- If you must travel during a snowstorm or in blizzard conditions, be sure to let a relative, friend or coworker know where you are headed and your expected arrival time. Avoid the temptation to check or be on your phone while driving as all of your attention should be on arriving safely. Is there a winter storm on the horizon? Take some time now to gather the supplies you will need to ride out the storm at home, or to safely venture outside if you must. Once you have taken the appropriate precautions, you can focus on enjoying the winter wonderland outside your window.

## **Check Your Supplies**

- Make sure you have a snow shovel and ice melt to keep walkways clear and safe.
- Check that you have sufficient heating fuel for your home and fuel for your generator, if you have one.
- If you will be using a fireplace, you should have a good supply of dry, seasoned wood.
- Have warm clothing and blankets on hand, and stock non-perishable food items and necessary medications to last you and your family for several days.

## **Get Ready for a Power Outage**

- Turn your heat up now, and close off any rooms that are not in use.
- Check pipe insulation, and if you lose power, allow water to run at a trickle to prevent pipes from freezing.
- Charge your battery-powered electronic and communications devices.
- Keep a battery-powered radio on hand to stay aware of changing weather conditions.
- Get out your flashlights, batteries, first aid kit and other emergency supplies.

## **Stay Warm — and Safe**

- If you start a wood-burning fire, follow all fireplace safety precautions.
- Do not use an oven or a range as a home heating device.
- Test all smoke and carbon monoxide alarms to ensure they work properly.
- Do not let candles burn unattended, and keep them away from combustibles. Battery-powered LED lights are a safe, energy-efficient alternative to traditional candles.

## Stay Inside — and Safe

- Drive only if you absolutely must, and be sure your car is outfitted with snow tires and has adequate fuel and an emergency supply kit.
- Protect yourself from frostbite and hypothermia by wearing layers of warm, loose-fitting, lightweight clothing.
- Stay away from downed power lines.
- Keep your pets inside, or make other suitable arrangements for them.

On behalf of all our Cardinal Management Group Team, servicing your Association, we wish you all a very *Safe and Warm Winter*

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Remember, there are certain guidelines that all contractors must follow when working inside the building. Mr. Serry in the site office has identification badges for your contractors to wear along with a complete set of rules and regulation for your contractor to follow. Please give him a call at 703-683-5858 or visit him during regular office.

Management thanks all the residence at St Asaph Square for their support during 2017. If anyone has a particular issue or concern please reach out and contact me by phone (703-565-5011) or by email ([p.mazzei@cardinalmanagementgroup.com](mailto:p.mazzei@cardinalmanagementgroup.com)).

Best regards,  
*Patrick M. Mazzei*



  Getting to Know You...  

*By Mary Ann Radebach*

### *Meeting Beverly Keane*

Life can be an adventure. You never know where life will take you. Beverly Keane's journey started in Rhode Island and took her to Washington D.C. where she had the opportunity to meet many interesting people.

Bev is the youngest of three sisters. Her mother was in retail sales and her father worked in manufacturing. Her parents were of the depression generation and she grew up with many stories about the depression. She learned to be frugal with money and the value of hard work. In her early twenties, Beverly and a friend moved to Washington, D.C. Realizing the importance of an education, she worked to put herself through the University of District Columbia where she earned a bachelor's degree in Biology. Jobs in that field were not easy to get with just a bachelor's degree, so she decided to get an associate degree as a Radiology Technician.

For 15 years, she worked as an X-ray Technician in most of the hospitals in the Washington area. Her specialty was Stereotactic X-Ray Mammography. For the last five of those years, she went from a contract employee at the State Department Office of Medical Services to a permanent government employee. At that time, the State Department had

a program for employees who had reached the top of their career ladders. One of the opportunities was in Information Technology or IT as it is known. Because of her transferable skills, Beverly was selected for the position.

For the next 14 years, she worked in IT in the office of the Secretary of State. She has worked for Colin Powell, Condoleezza Rice, Hillary Clinton, and John Kerry. Beverly is proud that she participated in many State Department projects and world events. She has traveled with Condoleezza Rice and met many notable world figures such as PM Tony Blair and the Dalai Lama. After the 2016 national election, she was called back to work for five months to help with the transition.

Beverly met her husband Van when they ran in a marathon race. Van was born in England and grew up in Halifax Canada. He is now a U.S. citizen and works in the U.S. Patent Office. For a while, when they were first married, Adams Morgan was called home. Then, they decided to move to Alexandria and have lived at St. Asaph Square Condominium for 11 years. Bev likes it because the people are so friendly. She loves the underground parking, fireplace and most of all the swimming pool. She earned certification as a Virginia Master Gardener when she retired. Working several plots in the Jones Point Garden provides herbs and vegetables for a good part of the year. She says gardening reminds her of her childhood. Her Italian grandfather was a great gardener and she thinks she inherited some of his love of the land. If you have received any fresh vegetables from her in the summer, you would probably agree. From her other Scottish grandfather, she claims the right to walk in the Scottish parade.

Beverly is very active at St. Asaph's. She served on the Board for 5 years and has been President for the last three years. Bev also enjoys being part of the Landscape Committee. She gives generously of her time and energy. She is home here and here she intends to stay.



## Community Reminders and Notices

- Elevator Emergency protocol: If the elevator gets stuck, use the emergency call button. Press the button only **once**. Pressing it multiple times will interrupt the communication.
- Charitable donations to be picked up should not be left in vestibules or lobbies. Please arrange for pickup outside the manager's office or the loading dock.
- Parquet flooring-If you are pulling up the parquet floor tiles and replacing them with new flooring in your unit, please consider providing usable tiles to St Asaph Square. The tiles can be reused by other owners, which can save the association a lot of money in floor replacements when there are needed repairs.
- A large bulletin board for posting notices, such as 'for sale' items, etc., is located outside Mr. Serry's office. Residents may also forward any items you believe to be of interest for posting in the new Community Bulletin Board.
- Shopping carts in the basement are the property of specific owners and are located at their respective parking spaces. Please return all carts to their original location. They are for the sole use of the individual who owns the parking space unless otherwise authorized.
- Dogs must be kept on leashes in common areas.



- REMINDER: To maintain the trash chutes please refrain from placing loose trash down the shoots. Please ensure that all trash and recycling items are placed in the receptacles in the garage trash rooms and that trash chute rooms are kept free of non-bagged waste. Boxes should be flattened before placing in all receptacles. Note: Single Stream Recycling is in effect.



- An excellent website with lots of information about recycling in Alexandria is....  
<http://alexandria.gov/tes/solidwaste/info/default.aspx?>

- Residents are reminded not to park in designated parking spaces unless they have the owner's prior approval. Visitors who use the outdoor visitors' parking spots need to register their vehicles with the office. If the office is closed, please put a sign on the dashboard indicating which unit the car is visiting. The complex reserves the right to tow non-registered vehicles.

- Residents with balconies and patios are reminded that they must be uncluttered and attractive. Please refer to balcony rules on our website.

- There is a 'NO SMOKING' policy in common areas and common patios of St. Asaph Square, including open-air balconies.

- Here's a handy link to the *City of Alexandria* site - you can submit online requests for the city to do something. Click here and let your voice be heard:

<http://request.alexandriava.gov/CCC/#tab=Find>

## ***Serry's Office Hours***

***Monday - Wednesday and Friday:***  
8:30 A.M – 5:30 P.M.

***Thursday:*** 10:30 A.M. – 7:30 P.M.

***For emergencies during office hours,***  
please contact Cardinal at 703-569-5797.

***For after-hours emergencies,***  
**call 1-866-370-2989**



**Our Saint Asaph Square website has all kinds of helpful information.** You can find a calendar plus St. Asaph forms & rules on the **Owners/Residents** tab, links to help you move around the DC metro area on the **Neighborhood Links** tab, weather, and more. Just go to <http://www.st-asaph-square.com>.

## **CARDINAL MANAGEMENT GROUP, INC**

4330 Prince William Parkway, Suite 201  
Woodbridge, VA 22192

***Office Hours:*** Monday – Friday  
8:30 AM – 5:30 PM

***Office Phone Number:*** 703-569-5797  
***FAX Number:*** 803-866-3156

**EMERGENCY NUMBER: 1-866-370-2989**

# ***MEET THE TEAM***

## **ST. ASAPH SQUARE BOARD**

***Bev Keane, President***

***Deb Bowman, Vice President***

***Karen Millslagle, Treasurer***

***Shari Keefer, Secretary***

***Jack Burton, Member at Large***

Board email:  
[saintasaphsquareboard@gmail.com](mailto:saintasaphsquareboard@gmail.com)

## **CARDINAL MANAGEMENT**

***Patrick M. Mazzei, CMCA, AMS***

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***Yahya M. Serry, CMCA***

*On-Site Manager*

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***Veronica Reyes, Housekeeping staff***

***Leodan Reyes, Maintenance staff***

*Saint Asaph Square Newsletter team,  
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Yahya M. Serry,  
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To minimize printing costs, our goal is to provide the newsletter electronically as much as possible. If you would like to receive a copy of the newsletters via *email*, please submit your email address to Serry at [Stasaph801@verizon.net](mailto:Stasaph801@verizon.net). If you would like to receive the newsletters using our *website*, just log onto <http://www.st-asaph-square.com> and go to the *Owners/Residents'* tab where the newsletters are posted (please see Serry for the password you will need to access that page). Deb Bowman, creator of the website, will be happy to assist you if you have any problems or questions. If you do not have a computer and would like hard copies of the newsletter to be delivered to you, please notify Serry.

Please note that this newsletter is for the purpose of disseminating information that may be useful, important to know, or interesting to residents. The Editor and Board reserve the right to control content of the newsletter. Residents with complaints or dissatisfactions should please direct them to the Board, either in person or in writing. Such issues are then brought up and discussed during the *Community Forum* session of every Board meeting.